


You're all done!


Please bookmark this page or copy the current URL to save your results and come back to them later.

Your results are below, ordered from most to least likely. But the point values listed on each type are just a general guide. You're the only one who knows how your mind truly works, so **read through the top few results and pick the one you think is the best match**. Also, the bar charts only tell part of the story since the quiz included questions about other aspects of type beyond just the functions.

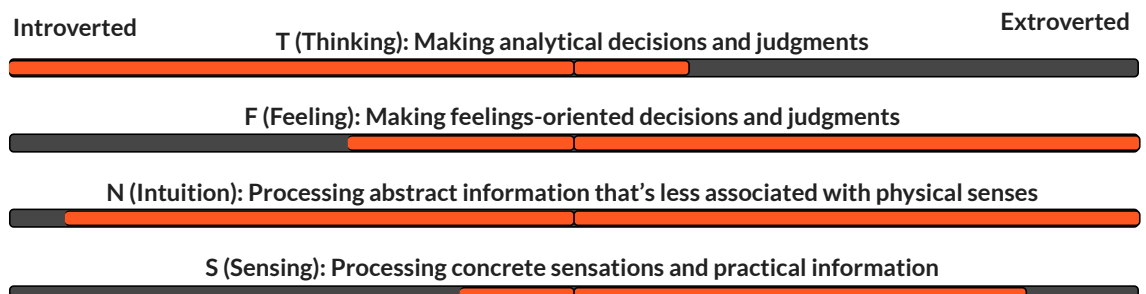
By the way, I created this test because I love Myers-Briggs. I've found personality typing to be hugely beneficial in my own personal growth and in my relationships, and I wanted to help people understand that Myers-Briggs goes way beyond just the four letters.

I'm also a transformation coach and counselor, so if you'd like to work with someone who has expertise in Myers-Briggs (as well as many other coaching/counseling techniques), please email me at personality@michaelcaloz.com or visit my [coaching website](#) to learn more about my own journey and how I help people with things like confidence, procrastination, and life/career fulfillment. (I'm an **ENTP** and, in particular, I work with a lot of **INTP**'s, **ENTP**'s, **INTJ**'s, and **INFJ**'s.) Thanks for reading!

Here are some tips and reminders for interpreting your results: 

And here are some important things to keep in mind around: using typology for good reasons rather than boxing people in, immature and mature versions of types, and whether or not your type can change over time: 

Your Results: Cognitive Functions



Need help understanding this? [+](#)

Curious to understand more about these results? [+](#)

Want to see your raw test results? [+](#)

Your Results: Types

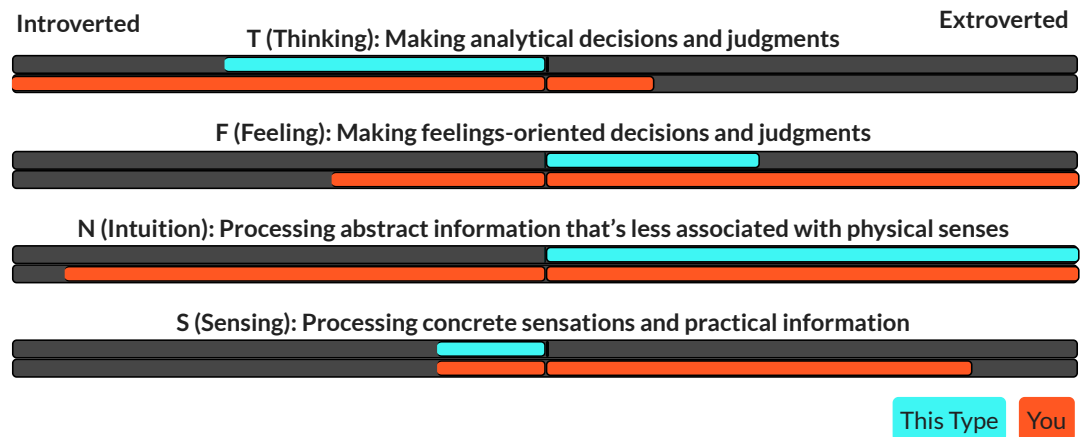
ENTP

90 points

The Visionary / Debater / Inventor

Greatest Strength: Can argue every perspective, constant new ideas

Greatest Weakness: Trouble finishing, hates routine



TYPE FAMILY

Sometimes called temperaments, the 16 types can be divided into 4 families based on general shared characteristics.

NT

Conceptualizers

Focused on the big picture and objective thinking

(1) PRIMARY COGNITIVE FUNCTION (MOST IMPORTANT!)

This function is unconscious. It represents the main way you see the world and it should feel very natural.

Ne

Extroverted Intuition

Possibilities • Exploring • Seeing Patterns • Learning through "Experiments" • Optimistic • Open-Mindedness • Brainstorming

(2) AUXILIARY COGNITIVE FUNCTION

This function is conscious. It should feel very familiar, but you might struggle with it at times. Since the ENTP's primary function is an information-gathering one, this secondary function supports it by being a decision-making one.

Introverted Thinking

Ti

Introverted Thinking

Accuracy • Curiosity • Seeking Understanding • Logic • Blunt
Honesty

(3) TERTIARY COGNITIVE FUNCTION

This function is conscious. It can take years to mature; so, it might work well often but also give you some trouble. Even though the fourth function is typically seen as a type's main weakness, aspects of this third one can give you some real trouble as well.

Fe

Extroverted Feeling

Group Harmony • Empathy • Manipulation • Understanding Social
Conventions

(4) INFERIOR COGNITIVE FUNCTION

This function is unconscious. Think of it as your main weakness. But it's still a part of you, so it should feel familiar, even if it can be confusing, unpleasant, or difficult. It might be something you struggle with often, or it could feel so foreign that you have trouble understanding how others enjoy it.

Si

Introverted Sensing

Memory • Personal / Subjective Experience • Nostalgia •
Preserving Order • History • Stability • Careful Planning •
Tradition

Example People: Benjamin Franklin, Thomas Edison, Socrates, Gillian Anderson, Tyrion Lannister (Game of Thrones)

Primary Instinct: Gathering information (keeping options open)

Internal Conflict: You often struggle between following **Ti** and **Fe**

Under Stress: Your **Si** makes you withdraw and feel depressed, unmotivated, nostalgic, or like everything needs to be cleaned or reorganized

Overcoming Weakness: Reinforce your weakness of **Si** by practicing your **Ti**

THIS IS ME — LEARN MORE

ESTP

79 points

The Doer / Entrepreneur / Promoter

Greatest Strength: Energetic, high tolerance for risk

Greatest Weakness: Trouble with follow-through

Introverted

T (Thinking): Making analytical decisions and judgments

Extroverted



F (Feeling): Making feelings-oriented decisions and judgments



N (Intuition): Processing abstract information that's less associated with physical senses

N (Intuition): Processing abstract information that's less associated with physical senses

S (Sensing): Processing concrete sensations and practical information

This Type

You

TYPE FAMILY

Sometimes called temperaments, the 16 types can be divided into 4 families based on general shared characteristics.

SP

Experiencers

Focused on the physical world and living in the moment

(1) PRIMARY COGNITIVE FUNCTION (MOST IMPORTANT!)

This function is unconscious. It represents the main way you see the world and it should feel very natural.

Se

Extroverted Sensing

Observing with 5 Senses • Pushing Body • Improvising • Against Set Procedures • Realistic / Practical • Mindful of Here-and-Now

(2) AUXILIARY COGNITIVE FUNCTION

This function is conscious. It should feel very familiar, but you might struggle with it at times. Since the ESTP's primary function is an information-gathering one, this secondary function supports it by being a decision-making one.

Ti

Introverted Thinking

Accuracy • Curiosity • Seeking Understanding • Logic • Blunt Honesty

(3) TERTIARY COGNITIVE FUNCTION

This function is conscious. It can take years to mature; so, it might work well often but also give you some trouble. Even though the fourth function is typically seen as a type's main weakness, aspects of this third one can give you some real trouble as well.

Fe

Extroverted Feeling

Group Harmony • Empathy • Manipulation • Understanding Social Conventions

(4) INFERIOR COGNITIVE FUNCTION

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Ni

Introverted Intuition

Insight • Future Vision • Perspectives • Simplifying & Focusing Ideas • Epiphanies from Subconscious

Example People: Winston Churchill, Madonna, Hank Schrader (Breaking Bad), Jaime Lannister (Game of Thrones)

Primary Instinct: Gathering information (keeping options open)

Internal Conflict: You often struggle between following **Ti** and **Fe**

Under Stress: Your **Ni** makes you feel flustered, paranoid, worried about others' opinion of you, and like there's an almost mystical significance to everything

Overcoming Weakness: Reinforce your weakness of **Ni** by practicing your **Ti**

Overcoming Weakness: Reinforce your weakness of **NI** by practicing your **IF**

THIS IS ME — LEARN MORE

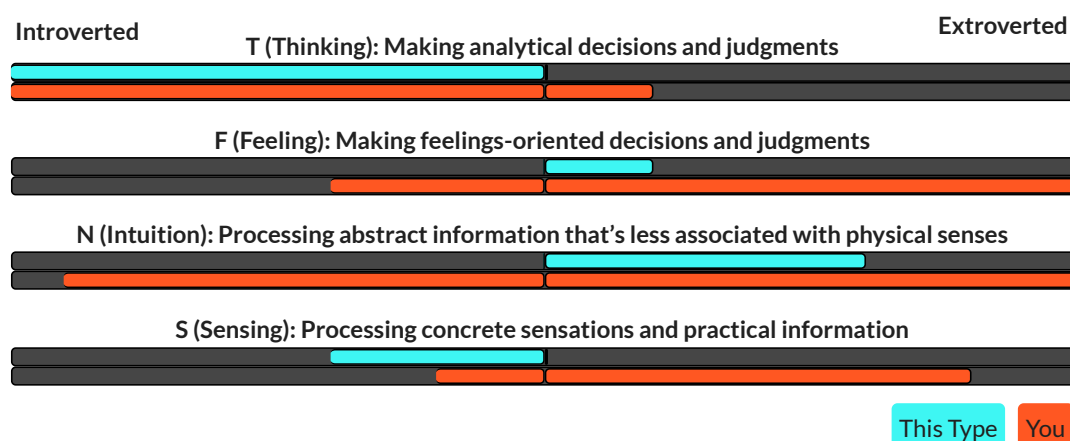
INTP

74 points

The Thinker / Logician / Architect

Greatest Strength: Very thorough thinker

Greatest Weakness: Never stops to make a decision



TYPE FAMILY

Sometimes called temperaments, the 16 types can be divided into 4 families based on general shared characteristics.

NT

Conceptualizers

Focused on the big picture and objective thinking

(1) PRIMARY COGNITIVE FUNCTION (MOST IMPORTANT!)

This function is unconscious. It represents the main way you see the world and it should feel very natural.

Ti

Introverted Thinking

Accuracy • Curiosity • Seeking Understanding • Logic • Blunt
Honesty

(2) AUXILIARY COGNITIVE FUNCTION

This function is conscious. It should feel very familiar, but you might struggle with it at times. Since the INTP's primary function is a decision-making one, this secondary function supports it by being an information-gathering one.

Ne

Extroverted Intuition

Possibilities • Exploring • Seeing Patterns • Learning through

"Experiments" • Optimistic • Open-Mindedness • Brainstorming

(3) TERTIARY COGNITIVE FUNCTION

This function is conscious. It can take years to mature; so, it might work well often but also give you some trouble. Even though the fourth function is typically seen as a type's main weakness, aspects of this third one can give you some real trouble as well.

Si**Introverted Sensing**

Memory • Personal / Subjective Experience • Nostalgia • Preserving Order • History • Stability • Careful Planning • Tradition

(4) INFERIOR COGNITIVE FUNCTION

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Fe**Extroverted Feeling**

Group Harmony • Empathy • Manipulation • Understanding Social Conventions

Example People: Bill Gates, Albert Einstein, Marie Curie, Elliot Page, Lord Varys (Game of Thrones)

Primary Instinct: Making decisions (being decisive)

Internal Conflict: You often struggle between following **Ne** and **Si**

Under Stress: Your **Fe** makes you feel hypersensitive, unlovable, much more emotional than usual, and obsessed with proving you're right

Overcoming Weakness: Reinforce your weakness of **Fe** by practicing your **Ne**

THIS IS ME — LEARN MORE

ENFJ

70 points

The Giver / Protagonist / Teacher

Greatest Strength: Great at helping people develop

Greatest Weakness: Delusions of grandeur, sensitive

Introverted

T (Thinking): Making analytical decisions and judgments

Extroverted



F (Feeling): Making feelings-oriented decisions and judgments



N (Intuition): Processing abstract information that's less associated with physical senses



S (Sensing): Processing concrete sensations and practical information

TYPE FAMILY

Sometimes called temperaments, the 16 types can be divided into 4 families based on general shared characteristics.

NF**Idealists**

Focused on people and values

(1) PRIMARY COGNITIVE FUNCTION (MOST IMPORTANT!)

This function is unconscious. It represents the main way you see the world and it should feel very natural.

Fe**Extroverted Feeling**

Group Harmony • Empathy • Manipulation • Understanding Social Conventions

(2) AUXILIARY COGNITIVE FUNCTION

This function is conscious. It should feel very familiar, but you might struggle with it at times. Since the ENFJ's primary function is a decision-making one, this secondary function supports it by being an information-gathering one.

Ni**Introverted Intuition**

Insight • Future Vision • Perspectives • Simplifying & Focusing Ideas • Epiphanies from Subconscious

(3) TERTIARY COGNITIVE FUNCTION

This function is conscious. It can take years to mature; so, it might work well often but also give you some trouble. Even though the fourth function is typically seen as a type's main weakness, aspects of this third one can give you some real trouble as well.

Se**Extroverted Sensing**

Observing with 5 Senses • Pushing Body • Improvising • Against Set Procedures • Realistic / Practical • Mindful of Here-and-Now

(4) INFERIOR COGNITIVE FUNCTION

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Ti**Introverted Thinking**

Accuracy • Curiosity • Seeking Understanding • Logic • Blunt Honesty

Example People: Oprah Winfrey, Barack Obama, Daenerys Targaryen (Game of Thrones)

Primary Instinct: Making decisions (being decisive)

Internal Conflict: You often struggle between following **Ni** and **Se**

Under Stress: Your **Ti** makes you make sweeping critical judgments, distrust others, and obsess over perfection

Overcoming Weakness: Reinforce your weakness of **Ti** by practicing your **Ni**

THIS IS ME — LEARN MORE

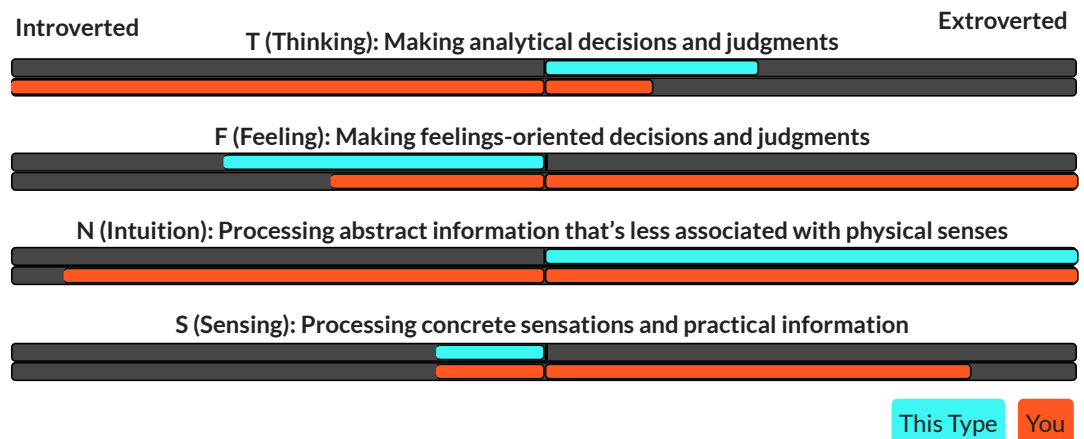
69 points

ENFP

The Inspirer / Campaigner / Champion

Greatest Strength: Inspires people to be great

Greatest Weakness: Can't prioritize their thoughts



TYPE FAMILY

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NF

Idealists

Focused on people and values

(1) PRIMARY COGNITIVE FUNCTION (MOST IMPORTANT!)

This function is unconscious. It represents the main way you see the world and it should feel very natural.

Ne

Extroverted Intuition

Possibilities • Exploring • Seeing Patterns • Learning through "Experiments" • Optimistic • Open-Mindedness • Brainstorming

(2) AUXILIARY COGNITIVE FUNCTION

This function is conscious. It should feel very familiar, but you might struggle with it at times. Since the ENFP's primary function is an information-gathering one, this secondary function supports it by being a decision-making one.

Fi

Introverted Feeling

Authenticity • Internal Values • Truth • Convictions • Understanding Impacts on Emotions • Conveying Emotion via Art

(3) TERTIARY COGNITIVE FUNCTION

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Te

Extroverted Thinking

Efficiency • Exerting Control • Organizing Resources • Nailing Down Solutions • Delegating • Making Tough Calls • Seeking Results

(4) INFERIOR COGNITIVE FUNCTION

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Si

Introverted Sensing

Memory • Personal / Subjective Experience • Nostalgia • Preserving Order • History • Stability • Careful Planning • Tradition

Example People: Robin Williams, Oscar Wilde, Sarah Michelle Gellar, Michael Scott (The Office)

Primary Instinct: Gathering information (keeping options open)

Internal Conflict: You often struggle between following **Fi** and **Te**

Under Stress: Your **Si** makes you withdraw and feel depressed, unmotivated, nostalgic, or like everything needs to be cleaned or reorganized

Overcoming Weakness: Reinforce your weakness of **Si** by practicing your **Fi**

THIS IS ME – LEARN MORE

ISTP

66 points

The Mechanic / Virtuoso / Crafter

Greatest Strength: Incredibly talented problem solver

Greatest Weakness: Trouble committing to anything

Introverted

T (Thinking): Making analytical decisions and judgments

Extroverted



F (Feeling): Making feelings-oriented decisions and judgments



N (Intuition): Processing abstract information that's less associated with physical senses



S (Sensing): Processing concrete sensations and practical information



TYPE FAMILY

Sometimes called temperaments, the 16 types can be divided into 4 families based on general shared characteristics.

SP**Experiencers**

Focused on the physical world and living in the moment

(1) PRIMARY COGNITIVE FUNCTION (MOST IMPORTANT!)

This function is unconscious. It represents the main way you see the world and it should feel very natural.

Ti**Introverted Thinking**

Accuracy • Curiosity • Seeking Understanding • Logic • Blunt
Honesty

(2) AUXILIARY COGNITIVE FUNCTION

This function is conscious. It should feel very familiar, but you might struggle with it at times. Since the ISTP's primary function is a decision-making one, this secondary function supports it by being an information-gathering one.

Se**Extroverted Sensing**

Observing with 5 Senses • Pushing Body • Improvising • Against Set Procedures • Realistic / Practical • Mindful of Here-and-Now

(3) TERTIARY COGNITIVE FUNCTION

This function is conscious. It can take years to mature; so, it might work well often but also give you some trouble. Even though the fourth function is typically seen as a type's main weakness, aspects of this third one can give you some real trouble as well.

Ni**Introverted Intuition**

Insight • Future Vision • Perspectives • Simplifying & Focusing Ideas • Epiphanies from Subconscious

(4) INFERIOR COGNITIVE FUNCTION

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Fe**Extroverted Feeling**

Group Harmony • Empathy • Manipulation • Understanding Social Conventions

Example People: Michael Jordan, Bear Grylls, Frida Kahlo, Arya Stark (Game of Thrones)

Primary Instinct: Making decisions (being decisive)

Internal Conflict: You often struggle between following **Se** and **Ni**

Under Stress: Your **Fe** makes you feel hypersensitive, unlovable, much more emotional than usual, and obsessed with proving you're right

Overcoming Weakness: Reinforce your weakness of **Fe** by practicing your **Se**

THIS IS ME — LEARN MORE

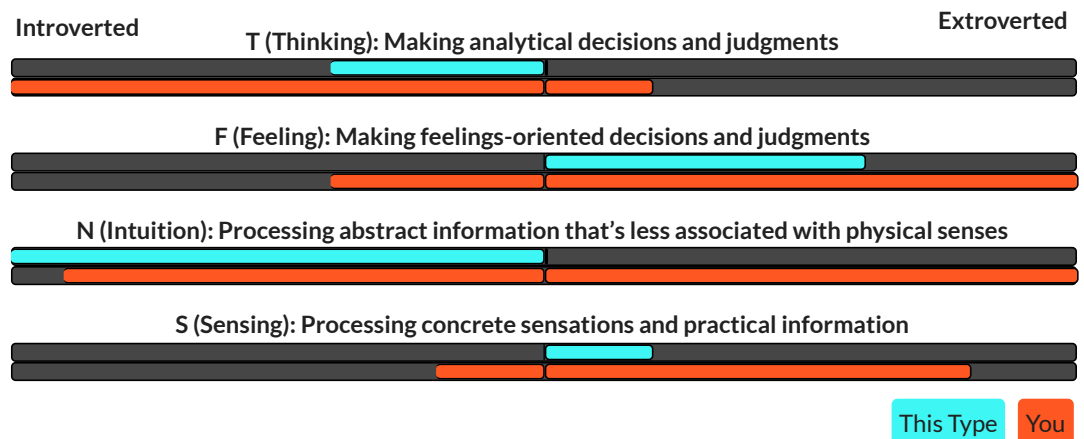
INFJ

66 points

The Protector / Advocate / Counselor

Greatest Strength: Intuitive and reads people well

Greatest Weakness: Overanalyzes, and too sensitive



TYPE FAMILY

Sometimes called temperaments, the 16 types can be divided into 4 families based on general shared characteristics.

NF

Idealists

Focused on people and values

(1) PRIMARY COGNITIVE FUNCTION (MOST IMPORTANT!)

This function is unconscious. It represents the main way you see the world and it should feel very natural.

Ni

Introverted Intuition

Insight • Future Vision • Perspectives • Simplifying & Focusing Ideas • Epiphanies from Subconscious

(2) AUXILIARY COGNITIVE FUNCTION

This function is conscious. It should feel very familiar, but you might struggle with it at times. Since the INFJ's primary function is an information-gathering one, this secondary function supports it by being a decision-making one.

Fe

Extroverted Feeling

Group Harmony • Empathy • Manipulation • Understanding Social Conventions

(3) TERTIARY COGNITIVE FUNCTION

This function is conscious. It can take years to mature; so, it might work well often but also give you some trouble. Even though the fourth function is typically seen as a type's main weakness, aspects of this third one can give you some real trouble as well.

Ti

Introverted Thinking

Accuracy • Curiosity • Seeking Understanding • Logic • Blunt Honesty

(4) INFERIOR COGNITIVE FUNCTION

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Se

Extroverted Sensing

Observing with 5 Senses • Pushing Body • Improvising • Against Set Procedures • Realistic / Practical • Mindful of Here-and-Now

Example People: Mahatma Gandhi, Marie Kondo, Carey Mulligan, Lady Gaga, Jon Snow (Game of Thrones)

Primary Instinct: Gathering information (keeping options open)

Internal Conflict: You often struggle between following **Fe** and **Ti**

Under Stress: Your **Se** makes you feel like the world is against you, and you self-indulgently seek out pleasure or danger (then feel bad about it later)

Overcoming Weakness: Reinforce your weakness of **Se** by practicing your **Fe**

THIS IS ME — LEARN MORE

ESFP

65 points

The Performer / Entertainer

Greatest Strength: Fun to be around, great in groups

Greatest Weakness: Can't stand being alone

Introverted

T (Thinking): Making analytical decisions and judgments

Extroverted



F (Feeling): Making feelings-oriented decisions and judgments



N (Intuition): Processing abstract information that's less associated with physical senses



S (Sensing): Processing concrete sensations and practical information



TYPE FAMILY

Sometimes called temperaments, the 16 types can be divided into 4 families based on general shared characteristics.

SP**Experiencers**

Focused on the physical world and living in the moment

(1) PRIMARY COGNITIVE FUNCTION (MOST IMPORTANT!)

This function is unconscious. It represents the main way you see the world and it should feel very natural.

Se**Extroverted Sensing**

Observing with 5 Senses • Pushing Body • Improvising • Against Set Procedures • Realistic / Practical • Mindful of Here-and-Now

(2) AUXILIARY COGNITIVE FUNCTION

This function is conscious. It should feel very familiar, but you might struggle with it at times. Since the ESFP's primary function is an information-gathering one, this secondary function supports it by being a decision-making one.

Fi**Introverted Feeling**

Authenticity • Internal Values • Truth • Convictions • Understanding Impacts on Emotions • Conveying Emotion via Art

(3) TERTIARY COGNITIVE FUNCTION

This function is conscious. It can take years to mature; so, it might work well often but also give you some trouble. Even though the fourth function is typically seen as a type's main weakness, aspects of this third one can give you some real trouble as well.

Te**Extroverted Thinking**

Efficiency • Exerting Control • Organizing Resources • Nailing Down Solutions • Delegating • Making Tough Calls • Seeking Results

(4) INFERIOR COGNITIVE FUNCTION

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Ni**Introverted Intuition**

Insight • Future Vision • Perspectives • Simplifying & Focusing Ideas • Epiphanies from Subconscious

Example People: Marilyn Monroe, Steve Irwin, Peregrin/Pippin Took (Lord of the Rings)

Primary Instinct: Gathering information (keeping options open)

Internal Conflict: You often struggle between following **Fi** and **Te**

Under Stress: Your **Ni** makes you feel flustered, paranoid, worried about others' opinion of you, and like there's an almost mystical significance to everything

Overcoming Weakness: Reinforce your weakness of **Ni** by practicing your **Fi**

THIS IS ME — LEARN MORE

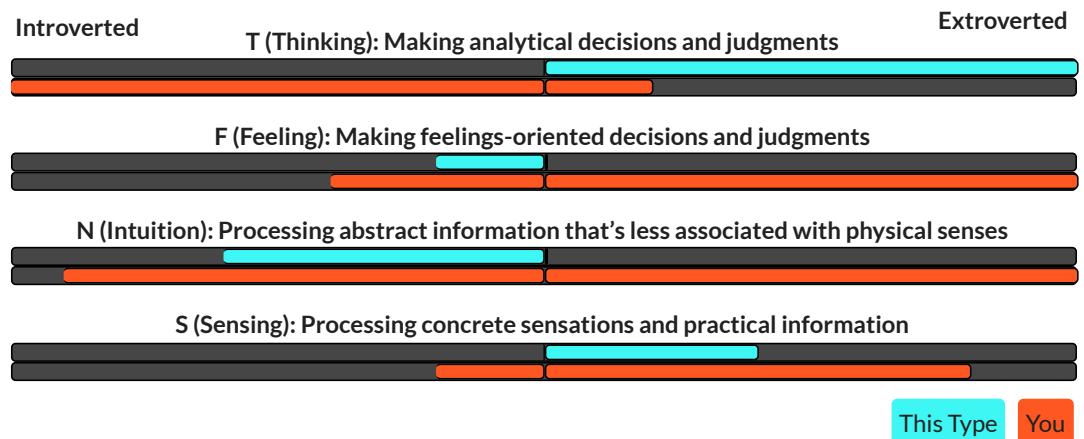
ENTJ

57 points

The Executive / Commander / Field Marshal

Greatest Strength: Unparalleled leadership abilities

Greatest Weakness: Pushy, obsessed with power



TYPE FAMILY

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NT

Conceptualizers

Focused on the big picture and objective thinking

(1) PRIMARY COGNITIVE FUNCTION (MOST IMPORTANT!)

This function is unconscious. It represents the main way you see the world and it should feel very natural.

Te

Extroverted Thinking

Efficiency • Exerting Control • Organizing Resources • Nailing Down Solutions • Delegating • Making Tough Calls • Seeking Results

(2) AUXILIARY COGNITIVE FUNCTION

This function is conscious. It should feel very familiar, but you might struggle with it at times. Since the ENTJ's primary function is a decision-making one, this secondary function supports it by being an information-gathering one.

Ni

Introverted Intuition

Insight • Future Vision • Perspectives • Simplifying & Focusing Ideas • Epiphanies from Subconscious

(3) TERTIARY COGNITIVE FUNCTION

This function is conscious. It can take years to mature; so, it might work well often but also give you some trouble. Even though the fourth function is typically seen as a type's main weakness, aspects of this third one can give you some real trouble as well.

Se

Extroverted Sensing

Observing with 5 Senses • Pushing Body • Improvising • Against Set Procedures • Realistic / Practical • Mindful of Here-and-Now

(4) INFERIOR COGNITIVE FUNCTION

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Fi

Introverted Feeling

Authenticity • Internal Values • Truth • Convictions • Understanding Impacts on Emotions • Conveying Emotion via Art

Example People: Steve Jobs, Napoleon Bonaparte, Gordon Ramsay, Margaret Thatcher, Frank Underwood (House of Cards)

Primary Instinct: Making decisions (being decisive)

Internal Conflict: You often struggle between following **Ni** and **Se**

Under Stress: Your **Fi** makes you look down on others and become hypersensitive to criticism and distrustful of feelings

Overcoming Weakness: Reinforce your weakness of **Fi** by practicing your **Ni**

THIS IS ME – LEARN MORE

INFP

55 points

The Idealist / Mediator / Healer

Greatest Strength: Supportive out-of-the-box thinker

Greatest Weakness: Can't cope with conflict

Introverted

T (Thinking): Making analytical decisions and judgments

Extroverted



F (Feeling): Making feelings-oriented decisions and judgments



N (Intuition): Processing abstract information that's less associated with physical senses



S (Sensing): Processing concrete sensations and practical information



This Time Your

TYPE FAMILY

Sometimes called temperaments, the 16 types can be divided into 4 families based on general shared characteristics.

NF**Idealists**

Focused on people and values

(1) PRIMARY COGNITIVE FUNCTION (MOST IMPORTANT!)

This function is unconscious. It represents the main way you see the world and it should feel very natural.

Fi**Introverted Feeling**

Authenticity • Internal Values • Truth • Convictions •
Understanding Impacts on Emotions • Conveying Emotion via Art

(2) AUXILIARY COGNITIVE FUNCTION

This function is conscious. It should feel very familiar, but you might struggle with it at times. Since the INFP's primary function is a decision-making one, this secondary function supports it by being an information-gathering one.

Ne**Extroverted Intuition**

Possibilities • Exploring • Seeing Patterns • Learning through
"Experiments" • Optimistic • Open-Mindedness • Brainstorming

(3) TERTIARY COGNITIVE FUNCTION

This function is conscious. It can take years to mature; so, it might work well often but also give you some trouble. Even though the fourth function is typically seen as a type's main weakness, aspects of this third one can give you some real trouble as well.

Si**Introverted Sensing**

Memory • Personal / Subjective Experience • Nostalgia •
Preserving Order • History • Stability • Careful Planning •
Tradition

(4) INFERIOR COGNITIVE FUNCTION

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Te**Extroverted Thinking**

Efficiency • Exerting Control • Organizing Resources • Nailing
Down Solutions • Delegating • Making Tough Calls • Seeking
Results

Example People: Johnny Depp, A. A. Milne (creator of Winnie-the-Pooh), Björk, Frodo Baggins (Lord of the Rings)

Primary Instinct: Making decisions (being decisive)

Internal Conflict: You often struggle between following **Ne** and **Si**

Under Stress: Your **Te** makes you feel harsh, nitpicky, and incompetent, but also like you need to bring order to an out-of-control world

Overcoming Weakness: Reinforce your weakness of **Te** by practicing your **Ne**

THIS IS ME — LEARN MORE

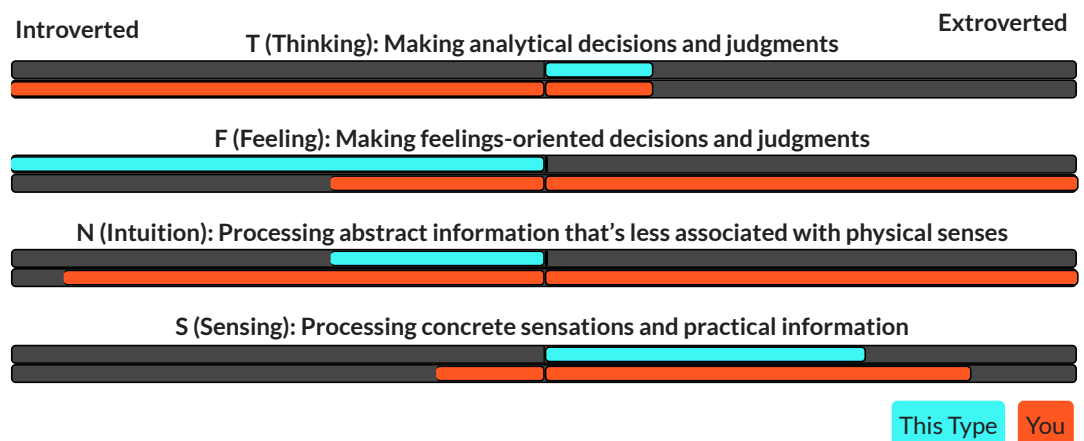
ISFP

55 points

The Artist / Adventurer / Composer

Greatest Strength: Very creative free spirit

Greatest Weakness: Loner obsessed with their art/skill



TYPE FAMILY

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SP

Experiencers

Focused on the physical world and living in the moment

(1) PRIMARY COGNITIVE FUNCTION (MOST IMPORTANT!)

This function is unconscious. It represents the main way you see the world and it should feel very natural.

Fi

Introverted Feeling

Authenticity • Internal Values • Truth • Convictions •
Understanding Impacts on Emotions • Conveying Emotion via Art

(2) AUXILIARY COGNITIVE FUNCTION

This function is conscious. It should feel very familiar, but you might struggle with it at times. Since the ISFP's primary function is a decision-making one, this secondary function supports it by being an information-gathering one.

Se

Extroverted Sensing

Observing with 5 Senses • Pushing Body • Improvising • Against Set Procedures • Realistic / Practical • Mindful of Here-and-Now

(3) TERTIARY COGNITIVE FUNCTION

This function is conscious. It can take years to mature; so, it might work well often but also give you some trouble. Even though the fourth function is typically seen as a type's main weakness, aspects of this third one can give you some real trouble as well.

Ni

Introverted Intuition

Insight • Future Vision • Perspectives • Simplifying & Focusing Ideas • Epiphanies from Subconscious

(4) INFERIOR COGNITIVE FUNCTION

This function is unconscious. Think of it as your main weakness. But it's still a part of you, so it should feel familiar, even if it can be confusing, unpleasant, or difficult. It might be something you struggle with often, or it could feel so foreign that you have trouble understanding how others enjoy it.

Te

Extroverted Thinking

Efficiency • Exerting Control • Organizing Resources • Nailing Down Solutions • Delegating • Making Tough Calls • Seeking Results

Example People: Jacqueline Kennedy, Michael Jackson, Jesse Pinkman (Breaking Bad), Hugo Reyes (Lost)

Primary Instinct: Making decisions (being decisive)

Internal Conflict: You often struggle between following **Se** and **Ni**

Under Stress: Your **Te** makes you feel harsh, nitpicky, and incompetent, but also like you need to bring order to an out-of-control world

Overcoming Weakness: Reinforce your weakness of **Te** by practicing your **Se**

THIS IS ME – LEARN MORE

ESEFJ

54 points

The Caregiver / Consul / Provider

Greatest Strength: Outgoing, helpful, good hosts

Greatest Weakness: Can be annoying, needs to be appreciated

Introverted

T (Thinking): Making analytical decisions and judgments

Extroverted



F (Feeling): Making feelings-oriented decisions and judgments



N (Intuition): Processing abstract information that's less associated with physical senses



S (Sensing): Processing concrete sensations and practical information



This Type You

TYPE FAMILY

Sometimes called temperaments, the 16 types can be divided into 4 families based on general shared characteristics.

SJ**Traditionalists**

Focused on order, details, and stability

(1) PRIMARY COGNITIVE FUNCTION (MOST IMPORTANT!)

This function is unconscious. It represents the main way you see the world and it should feel very natural.

Fe**Extroverted Feeling**

Group Harmony • Empathy • Manipulation • Understanding Social Conventions

(2) AUXILIARY COGNITIVE FUNCTION

This function is conscious. It should feel very familiar, but you might struggle with it at times. Since the ESFJ's primary function is a decision-making one, this secondary function supports it by being an information-gathering one.

Si**Introverted Sensing**

Memory • Personal / Subjective Experience • Nostalgia • Preserving Order • History • Stability • Careful Planning • Tradition

(3) TERTIARY COGNITIVE FUNCTION

This function is conscious. It can take years to mature; so, it might work well often but also give you some trouble. Even though the fourth function is typically seen as a type's main weakness, aspects of this third one can give you some real trouble as well.

Ne**Extroverted Intuition**

Possibilities • Exploring • Seeing Patterns • Learning through "Experiments" • Optimistic • Open-Mindedness • Brainstorming

(4) INFERIOR COGNITIVE FUNCTION

This function is unconscious. Think of it as your main weakness. But it's still a part of you, so it should feel familiar, even if it can be confusing, unpleasant, or difficult. It might be something you struggle with often, or it could feel so foreign that you have trouble understanding how others enjoy it.

Ti**Introverted Thinking**

Accuracy • Curiosity • Seeking Understanding • Logic • Blunt Honesty

Example People: Bill Clinton, Jennifer Garner, Sansa Stark (Game of Thrones), Cersei Lannister (Game of Thrones)

Primary Instinct: Making decisions (being decisive)

Internal Conflict: You often struggle between following **Si** and **Ne**

Under Stress: Your **Ti** makes you make sweeping critical judgments, distrust others, and obsess over perfection

Overcoming Weakness: Reinforce your weakness of **Ti** by practicing your **Si**

THIS IS ME — LEARN MORE

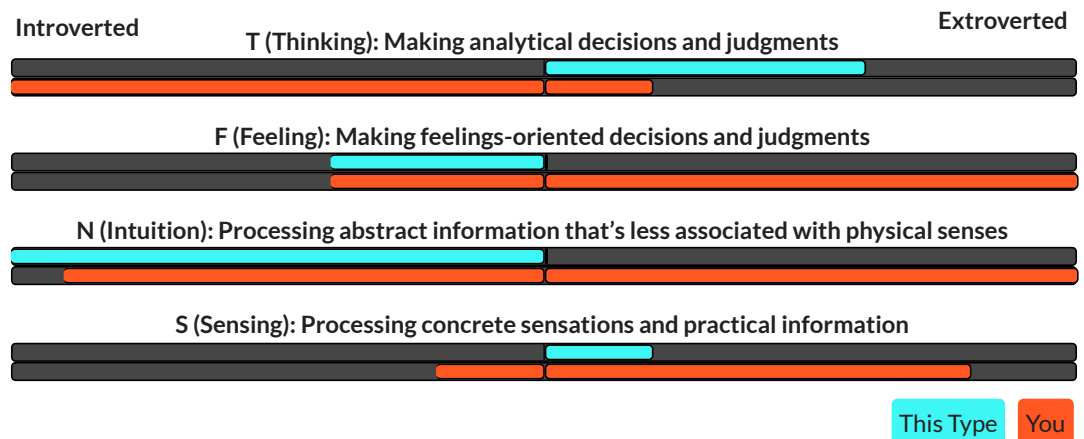
INTJ

43 points

The Scientist / Architect / Mastermind

Greatest Strength: Excellent at getting things done

Greatest Weakness: Hold others to too high standards



TYPE FAMILY

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NT

Conceptualizers

Focused on the big picture and objective thinking

(1) PRIMARY COGNITIVE FUNCTION (MOST IMPORTANT!)

This function is unconscious. It represents the main way you see the world and it should feel very natural.

Ni

Introverted Intuition

Insight • Future Vision • Perspectives • Simplifying & Focusing Ideas • Epiphanies from Subconscious

(2) AUXILIARY COGNITIVE FUNCTION

This function is conscious. It should feel very familiar, but you might struggle with it at times. Since the INTJ's primary function is an information-gathering one, this secondary function supports it by being a decision-making one.

Te

Extroverted Thinking

Efficiency • Exerting Control • Organizing Resources • Nailing Down Solutions • Delegating • Making Tough Calls • Seeking Results

(3) TERTIARY COGNITIVE FUNCTION

This function is conscious. It can take years to mature; so, it might work well often but also give you some trouble. Even though the fourth function is typically seen as a type's main weakness, aspects of this third one can give you some real trouble as well.

Fi

Introverted Feeling

Authenticity • Internal Values • Truth • Convictions •
Understanding Impacts on Emotions • Conveying Emotion via Art

(4) INFERIOR COGNITIVE FUNCTION

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Se

Extroverted Sensing

Observing with 5 Senses • Pushing Body • Improvising • Against Set Procedures • Realistic / Practical • Mindful of Here-and-Now

Example People: Elon Musk, Ayn Rand, Jodie Foster, Walter White (Breaking Bad), Tywin Lannister (Game of Thrones)

Primary Instinct: Gathering information (keeping options open)

Internal Conflict: You often struggle between following **Te** and **Fi**

Under Stress: Your **Se** makes you feel like the world is against you, and you self-indulgently seek out pleasure or danger (then feel bad about it later)

Overcoming Weakness: Reinforce your weakness of **Se** by practicing your **Te**

THIS IS ME — LEARN MORE

ISFJ

42 points

The Nurturer / Defender / Protector

Greatest Strength: Down to earth with an excellent memory

Greatest Weakness: Hard to find a job that pays well

Introverted

T (Thinking): Making analytical decisions and judgments

Extroverted



F (Feeling): Making feelings-oriented decisions and judgments



N (Intuition): Processing abstract information that's less associated with physical senses



S (Sensing): Processing concrete sensations and practical information



This Time Your

TYPE FAMILY

Sometimes called temperaments, the 16 types can be divided into 4 families based on general shared characteristics.

SJ**Traditionalists**

Focused on order, details, and stability

(1) PRIMARY COGNITIVE FUNCTION (MOST IMPORTANT!)

This function is unconscious. It represents the main way you see the world and it should feel very natural.

Si**Introverted Sensing**

Memory • Personal / Subjective Experience • Nostalgia • Preserving Order • History • Stability • Careful Planning • Tradition

(2) AUXILIARY COGNITIVE FUNCTION

This function is conscious. It should feel very familiar, but you might struggle with it at times. Since the ISFJ's primary function is an information-gathering one, this secondary function supports it by being a decision-making one.

Fe**Extroverted Feeling**

Group Harmony • Empathy • Manipulation • Understanding Social Conventions

(3) TERTIARY COGNITIVE FUNCTION

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Ti**Introverted Thinking**

Accuracy • Curiosity • Seeking Understanding • Logic • Blunt Honesty

(4) INFERIOR COGNITIVE FUNCTION

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Ne**Extroverted Intuition**

Possibilities • Exploring • Seeing Patterns • Learning through "Experiments" • Optimistic • Open-Mindedness • Brainstorming

Example People: Kate Middleton, Beyonce, Samwise Gamgee (Lord of the Rings), Pam Beesly (The Office)

Primary Instinct: Gathering information (keeping options open)

Internal Conflict: You often struggle between following **Fe** and **Ti**

Under Stress: Your **Ne** makes you start to imagine catastrophe around every corner, and you become anxious, intolerant, and reckless

Overcoming Weakness: Reinforce your weakness of **Ne** by practicing your **Fe**

THIS IS ME — LEARN MORE

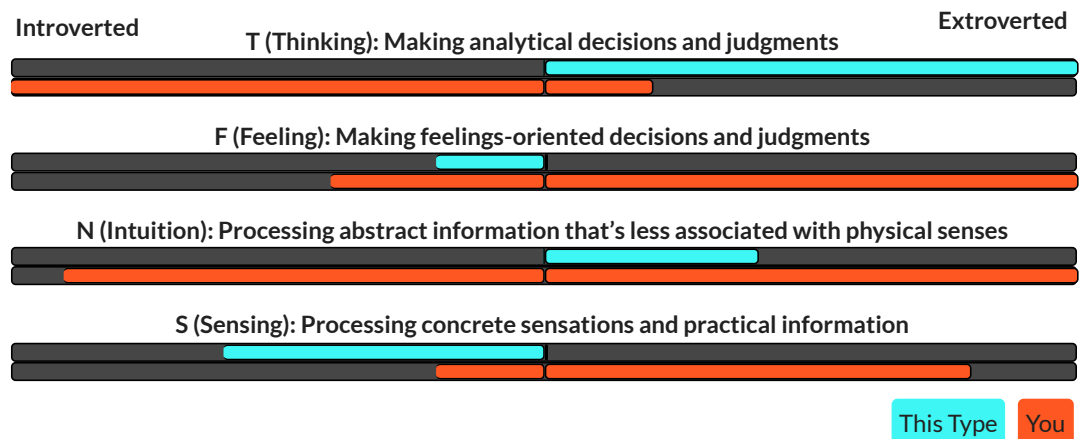
34 points

ESTJ

The Guardian / Executive / Supervisor

Greatest Strength: Great at getting things done

Greatest Weakness: Very competitive, forceful



TYPE FAMILY

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Te

Extroverted Thinking

Efficiency • Exerting Control • Organizing Resources • Nailing Down Solutions • Delegating • Making Tough Calls • Seeking Results

(2) AUXILIARY COGNITIVE FUNCTION

This function is conscious. It should feel very familiar, but you might struggle with it at times. Since the ESTJ's primary function is a decision-making one, this secondary function supports it by being an information-gathering one.

Si

Introverted Sensing

Memory • Personal / Subjective Experience • Nostalgia • Preserving Order • History • Stability • Careful Planning • Tradition

(3) TERTIARY COGNITIVE FUNCTION

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Fi**Introverted Feeling**

Authenticity • Internal Values • Truth • Convictions • Understanding Impacts on Emotions • Conveying Emotion via Art

Example People: Henry Ford, Judge Judy, Dwight Schrute (The Office), Robb Stark (Game of Thrones)

Primary Instinct: Making decisions (being decisive)

Internal Conflict: You often struggle between following **Si** and **Ne**

Under Stress: Your **Fi** makes you look down on others and become hypersensitive to criticism and distrustful of feelings

Overcoming Weakness: Reinforce your weakness of **Fi** by practicing your **Si**

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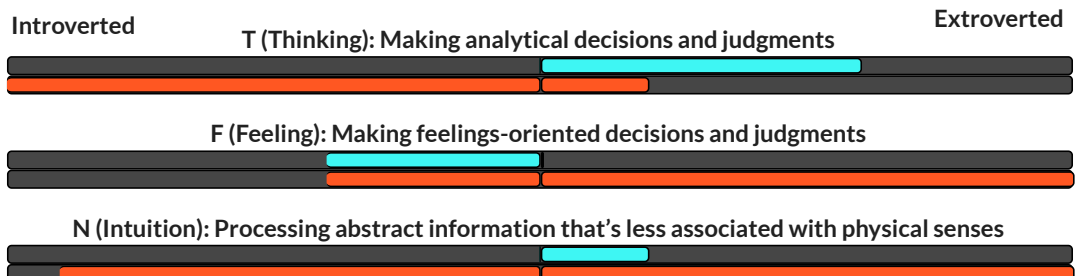
ISTJ

12 points

The Duty Fulfiller / Logistician / Inspector

Greatest Strength: Perseveres to get things done right

Greatest Weakness: Anal retentive and judgmental



S (Sensing): Processing concrete sensations and practical information

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Memory • Personal / Subjective Experience • Nostalgia • Preserving Order • History • Stability • Careful Planning • Tradition

(2) AUXILIARY COGNITIVE FUNCTION

This function is conscious. It should feel very familiar, but you might struggle with it at times. Since the ISTJ's primary function is an information-gathering one, this secondary function supports it by being a decision-making one.

Te**Extroverted Thinking**

Efficiency • Exerting Control • Organizing Resources • Nailing Down Solutions • Delegating • Making Tough Calls • Seeking Results

(3) TERTIARY COGNITIVE FUNCTION

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Ne**Extroverted Intuition**

Possibilities • Exploring • Seeing Patterns • Learning through "Experiments" • Optimistic • Open-Mindedness • Brainstorming

Example People: George Washington, Anthony Hopkins, Condoleezza Rice, Hermione Granger (Harry Potter), Ned Stark (Game of Thrones), Stannis Baratheon (Game of Thrones)

Primary Instinct: Gathering information (keeping options open)

Internal Conflict: You often struggle between following **Te** and **Fi**

Under Stress: Your **Ne** makes you start to imagine catastrophe around every corner, and you become anxious, intolerant, and reckless

Overcoming Weakness: Reinforce your weakness of **Ne** by practicing your **Te**

Overcoming Weakness: Reinforce your weakness of **Ne** by practicing your **Te**

THIS IS ME — LEARN MORE

BACK